

SHORTLANDS PARISH NEWS

St. Mary's, Shortlands
endeavours to bring the love
of God into the everyday lives
of the people of Shortlands.

the SPAN

www.stmarysshortlands.org.uk

June 2012. Year 32 Number 6

A WEEKEND OF UNITY AND CELEBRATION!



by Canon Paul Miller

The annual exchange between St. Mary's, Shortlands and St. Francis of Assisi, Douai, took place over the first weekend of May when a large contingent from France arrived in England. First stop was Westminster Abbey when a tour for over 100 split into 4 groups was organised by the staff of the Abbey to whom we were most grateful. The 4 Abbey guides included Shortlands' own Patricia Braithwaite and the 4 translators were Claire Stewart (wife of our M.P.), Bishop James of Rochester, and our own Gill Dawson and Ann Dalton.

Prior to the visit to the Abbey, Bob Stewart, our M.P. (pictured on the right) took us on a tour of Westminster Hall. We had hoped to visit the Houses of Parliament but they were not open to the public due to the preparations for the State Opening of Parliament. After our visit to Westminster we returned to Shortlands where the French visitors were hosted by members of St. Mary's.

On Sunday, Bishop James presided and preached in English and French - quite a unique

experience and very much appreciated by the large congregation which included 50 Guides (almost equal numbers from Shortlands and Douai) as well as representatives from most of our uniformed organisations.

At the Sunday service a presentation was made to the recently retired parish priest from Douai, Abbe Michel Rimoux, (pictured on the far right with Canon Paul and Bishop James to his left) to thank him for his part in developing the link. After the service a lunch was held in the Hall at which Bishop James was our guest.



Parish Pilgrimage to Westminster Abbey

Wednesday, 20 June

6.00pm to 7.45pm

Meet by the Great West Door at 5.50pm

The private tour, which will be led by Canon Jane Hedges (the Canon Steward of the Abbey), will start at 6.00pm and will take the form of a prayer pilgrimage through the Abbey. It will conclude with Night Prayer at about 7.30pm.

There will be no cost for the pilgrimage.

This is a unique opportunity and there is a maximum of 50 places. Please sign up on the notice board at the back of St. Mary's Church.



From the Registers

At Rest

We extend our sympathy to those who loved:

30 Apr Margaret Vandenbosch, aged 83



Remembering

Margaret Vandenbosch

Margaret was born in Lewisham Hospital and brought up in Catford. She was the elder of 2 daughters. She left school and worked in an office as a secretary. She was married twice and had two children who moved to Canada.

Margaret had many interests. She loved handcrafts being more than capable at creative arts. An avid patchworker and quilter, a breeder of budgerigars, a devout churchwoman, a good friend and neighbour.

However, her life was full of struggle. She had MS for over 40 years and suffered periodically from depression. For many years she worked quietly for The Samaritans.

To the end of her life she was outward, never – or rarely inward looking. Interested and interesting. Fiercely independent. Intensely courageous.

A service, conducted by Reverend Jane Peters and attended by many friends, was held at Beckenham Crematorium on 30 April, in a chapel with many of her quilts on display!



Guides Together!



Douai and Shortlands enjoying an evening meal together. The Bishop of Rochester is pictured left.

SPAN DISTRIBUTORS WANTED
for
Cadogan Close, Colebrook Rise, Hillside Road and Park Hill Road
If you are able to help, please contact Alan Jones (8460 5437)

Shortlands Golf Club
Long established (1894)
Family Golf Club
currently seeking men, ladies and juniors to expand the membership base.

Monthly medals,
Honour Board Competitions,
excellent Social Events
Calendar.

"A garden oasis in suburbia"
Contact Ken Murray:
8460 2471/8828 or
Peter May: 8460 8828

Mission of the Month *Special Baby Care Unit Princess Royal*

The Special Care Baby Unit (SCBU) at the Princess Royal University Hospital, in Bromley, Kent, has run for many years. The majority of readers will have some reason to know of the SCBU. The Unit relies strongly on donations to allow them to purchase additional equipment, staff training, and facilities for the babies, their parents and families. The dedicated members of staff use their skills and knowledge to look after premature and sick newborn babies and their families.

Without these talented people and their equipment the babies would not be able to survive. The Unit has grown from 9 baby cots to 15 baby cots and is usually full. Donations are going towards purchasing specialised Apnoea monitors, which alert and record if a baby is experiencing breathing difficulties.

During the 10.30am service on Sunday, 17 June there will be a talk on the SCBU. Following this service refreshments, and cakes, will be available for which you can make a donation for this cause.

GMM
INSTALLATIONS LTD
ELECTRICAL CONTRACTORS
20 Bromley Gardens, Bromley, Kent, BA2 0ET
Tel/Fax: 020 8249 8156
Mobi: 07721 454716
Email: gmminstallationsltd@gmail.com
J.I.B. Approved Electrician
NAPIT Part P 24 years experience

H. Copeland & Sons
Funeral Directors
-Caring & professional staff - 24 hour service
-Pre-payment Plans - Memorial masonry
9 Bromley Road, Beckenham
02086502295

FAMILY FUN DAY

Wednesday, 25 July

10am to 4pm

at

St. Mary's, Shortlands

A one day family event for 4-11 year-olds and their parents or carers

Activities include arts and crafts, games, related Bible stories, picnic lunch and family sports afternoon with special opening ceremony!

Please bring your own picnic lunch and wear trainers or other suitable footwear.

The price is £2.00 per child, accompanying adult(s) are free.

For further information and booking form please contact:

Sally Aldred on 8460 3978 or Debbie Speller on 8466 1184

Virtual Holiday Brings Olympic London to You

This summer all eyes are focused on London and the Olympics, with visitors from around the world heading to the capital. But many people with disability or illness cannot even think of going there. So now Holidays From Home has created a virtual holiday to London, so that those not physically able to visit can still enjoy the experience.

The holiday to London will allow virtual travellers to experience the fast paced city, without ever leaving the comfort of home. The virtual holiday is accessed online and downloaded from the Holidays From Home website, and this is: www.holidaysfromhome.co.uk It combines audio, photos and online features to create a fun, immersive experience.

Claire Wade, from Norwich, founder of Holidays From Home, explains: "I came up with the idea of virtual travel because I was bed-bound for six years with severe ME. Some of my family were going to Menorca and Mum and I were stuck at home. It was heartbreaking,

seeing them get ready and knowing I couldn't go too.

"I wanted to have something fun to do while they were away, and decided to try and bring a holiday to me, a sort of virtual holiday. I decided on Greece, and Mum put pictures up around the room, we ate feta and olives and I even paddled my feet in a foot spa and pretended it was the sea. It was a little surreal at times; but it was also a lot of fun."

Claire went on to set up Holidays From Home to provide virtual holidays for others that, like her, can't travel. "The virtual holidays provide escapism and relaxation, who couldn't use a bit of that? We're going to be 'visiting' the sites, having virtual afternoon tea at a luxury hotel, 'seeing' a show in the West End and doing lots of London themed activities including guided virtual experiences. It's going to be a great chance to explore London and have some fun." More information can be found on the website www.holidaysfromhome.co.uk/ London

If you were to pray for something what would it be?

When the Church of England recently asked just that question, a survey found that 85% of us have things we would indeed pray for. The ICM survey discovered that the most popular responses involved praying for other people: 26% said they would pray for 'a family member', 25% said 'peace in the world', and 20% said 'healing for another'.

The other as yet 'unprayed prayers' were: 'less stress in my life' (17%), 'an end to world poverty' (16%), 'guidance' (15%), 'thankfulness' (15%), 'my partner' (14%), 'prosperity' (14%), 'a friend' (13%), 'healing for myself' (12%),

'marriage or relationship' (11%), 'forgiveness' (10%), 'work' (8%), 'my spiritual life' (7%), 'my studies' (4%), 'my church' (4%), 'something else' (6%), 'don't know' (7%). Only 15% said 'I would never pray for anything'.

The prayers posted on the website www.prayoneforme.org/, and also on the Facebook page at www.facebook.com/prayoneforme, are prayed through by church groups and prayer communities across the Church of England. The site includes guidance on how to pray, and information on the people who hold the contributions before God in prayer.

Good earth

Do you have children, and do you have a garden? Then get them together this summer! Teaching children the basics of gardening not only helps them to become more responsible, but it can calm their behaviour, according to a recent

study by the Royal Horticultural Society. Yet there is a downside: today's parents often know only as much as, or even less than, their children, when it comes to gardening. The RHS is asking schools to consider teaching children to garden - as it is a skill that 'stays with you for life'.

**The Parish Church
of St. Mary,
Shortlands**



Link Parish

St. Francis of
Assisi, Douai, France

WORSHIP

Every Sunday

- 08.00 Holy Communion
- 10.30 Family Communion, except the first Sunday in the month in term time. During term time there are separate groups in the Church Hall for children aged 0-18.
- 10.30 All Age Eucharist or Parade Service (1st Sunday in the month, term time).
- 18.30 Choral Evensong (3rd Sunday in the month)

Every Monday

- 17.00 Evening Prayers

Every Wednesday

- 10.00 Holy Communion

Further information about all services can be obtained from the Parish Office.

**PARISH DIRECTORY
STAFF**

Vicar	Canon P. Miller	8460 4989
Honorary Curate	Rev. J. Peters	07531 617302 (Sunday, Monday and Wednesday)
Honorary Assistant	Archdeacon P. Wright	8467 8743
Priests	Rev. J. Donnelly	
Readers	Mrs. A. Gimson	8460 6494
Pastoral Assistants	Mr. P. Stotesbury	8650 3259
	Mrs. S. Harrison	8464 0284
	Mrs. L. Miller	8460 4989
	Mrs. D. Speller	8466 1184
	Mrs. M. Westropp	8650 5178
Parish Administrator	Ms. R. Bailey	8460 5682
Assistant	Mrs. E. Parker	8460 5682
Churchwardens	Mrs. A. Swatton	8650 1114
	Dr. D. Jefferys	8460 6030
Deputies	Mrs. P. Chase	8464 6188
	Mr. S. Clark	8464 0696
	Mr. D. Cooper	8460 0682
	Mr. C. Stokes	8460 0661
	Mr. B. Waring	07957 186027
PCC Secretary	Miss J. Rambridge	8650 0947
Treasurer	Mr. T. Dawson	8460 5884
Assistant Treasurer	Mr. D. Weekes	8650 2950
Organist & Director of Music	Mr. F. Roddy	01689 877025
Assistant Organist	Canon C. Tillotson	8460 7368
Electoral Roll	Mr. N. Stoffel	8460 0063
Stewardship	Mr. J. Westropp	8650 5178
Junior Church	Mrs. S. Aldred	8460 3978

PARISH OFFICE Tel/Fax 8460 5682
e-mail: office@stmaryshortlands.plus.com
Open 9.15 am - 12.30 weekdays. Information regarding Baptisms and Weddings can be obtained during these hours.

ST. MARY'S ORGANISATIONS

Mothers & Toddlers	Mrs. J. Runicles	8650 4553
Mothers' Union	Mrs. P. White	8460 9357
Friends of St. Mary's	Miss J. Rambridge	8650 0947
Scouts GSL	Mr. C. Wood	8658 1825
Scouts (Fri.)	Mr. T. Watson	8650 0184
Cubs (Mon.)	Mrs. J. Garvey	8249 8785
Cubs (Tues.)	Mr. J. Griffiths	8285 3968
Beavers & admissions	Mr. J. Westropp	8650 5178
Guides (Tues.)	Ms. N. Keast	07516 650940
Guides (Fri.)	Mrs. G. Dawson	8460 5884
Brownies (Mon.)	Ms. N. Blake	8460 7951
Brownies (Wed.)	Ms. H. Preston	07754 444453
Brownies (Thurs.)	Ms. D. Allen	8650 1720
Brownies admissions	Ms. N. Blake	8460 7951
Rainbows	Ms. W. Keeping	8466 8120
Pre-School	Mrs. P. Chase	8290 6704 or 07960 988552
The TWO "W's"	Mrs. A. Heyberd	8460 9537
OTHER NUMBERS		
Church Flowers	Mrs. M. Parr	8249 7127
Mission Chairman	Mrs. S. Shelton	8402 3299
Douai Link	Mrs. G. Dawson	8460 5884
Fair Trade	Mrs. C. Willatt	8313 0246

LOCAL COUNCILLORS (L.B.B.)

Cllr. E. Noad	8462 3295
Cllr D. Jefferys	07944 565455

LOCAL NUMBERS

Highfield Infants' School	8464 7804
Highfield Junior School	8460 2597
Residents' Association	8460 4060
Shortlands Safer Neighbourhood	8721 2614

SPAN

Website	www.stmaryshortlands.org.uk
Editorial	Parish Office 8460 5682
Distribution	Mr. A. Jones 8460 5437

Views expressed by contributors are not necessarily those supported by the publishers, and no responsibility can be accepted for accuracy. Neither can the publishers accept responsibility for work carried out by advertisers.

ADVERTISING: £15.50 per column inch per issue. For details please call 8460 5682 during office hours. Copy by the 5th of each month to SPAN, Church House, 39 Kingswood Road, Shortlands, BR2 0HG

**AEROBICS - BUMS, TUMS & THIGHS
LADIES - COME AND JOIN JACKIE**

Every Monday 8-9p.m.

at St. Mary's Church Hall, St. Mary's Avenue, Shortlands.
For more information Tel: 8650 2083 mob. 07967 214279
A class all ages can enjoy, beginners welcome.

Dawoods
The Family Law Solicitors

For advice on all aspects of family and relationship breakdown, please contact Mrs K Dawood
www.dawoods-solicitors.co.uk

e-mail: confidential@dawoods-solicitors.co.uk
Tel: 8249 6047
50 Burnhill Road
Beckenham, BR3 3LA
 resolution
first for family law



**THE SHORTLANDS
DENTAL PRACTICE**

98 MARTINS ROAD
SHORTLANDS BR2 0EF

**PRIVATE * QUALITY CARE * NHS
DENPLAN AVAILABLE**
Tel/Fax 020 8464 7520
www.shortlandsdentalpractice.co.uk

**QUALIFIED PLUMBER
P. J. EDWARDS**

01322 868212 or 07831 54 59 51

*Bathrooms, kitchens and all domestic
work undertaken
Advertising in SPAN for over 15 years*

LOCAL PLUMBER

24 HOUR EMERGENCY SERVICE

fully insured - free estimates & advice, bathroom/shower installations, central heating pumps/radiators etc.

Big enough to cope, small enough to care.
Phone Michael on 0800 183 0063

Romeo Health@The Sloane Hospital

recommended by Consultants - GPs - Midwives

Appointment lines: 020 8249 0159 • osteopathy
07956 308207 • manipulation
• cranial osteopathy
Insurance approved • sports massage

Bromley Lawn Tennis & Squash Club
Sandford Road, Bromley South

14 tennis courts of which 2 indoors and 6 floodlit. 3 squash courts. Competitive subscriptions. Coaching for all ages and abilities. Clubhouse with bar. Social events and hall available for hire.

020 8460 0936 or visit our website
www.bromley-lawn-tennis-and-squash-club.co.uk

**J. E. Neal
Builder and Decorator**

*Property Maintenance - interior & exterior; painting & decorating; plumbing & tiling; odd jobs; no job too small.
Established in Bromley for 25 years.*

For a competitive quote,
call 8777 2860 or Mobile 07719 620696

HOLT MAINTENANCE

Garden Maintenance, Landscape Gardening,
Window Cleaning, Domestic and
Commercial Cleaning.
Accredited Safe Contractor
Tel. 020 8460 9396 or 07956 172979

J. & R. KILLICK Ltd.

FUNERAL DIRECTORS Est 1879

- * FAMILY RUN
- * Personal service
- * Pre-paid funeral plans advice given
- * 24 hours a day
- * Modern or classic funeral fleet

For advice, assistance and our INFORMATION folder please phone PETER or MICHAEL KILLICK

020 8777 4502 Website www.jrkillick.co.uk
112 High Street, West Wickham BR4 0ND



Sunnyfields Day Nursery

19 Bromley Grove, Shortlands
7.30am - 6.30pm daily
children 3 months to 5 years

Tel: 8313 9191



PICTURE FRAMING

Oils, Photographs, Watercolours, Tapestries,
Prints, Embroideries

Jo Powell

3 Highfield Drive, Shortlands
020 8464 3149

Langley School of Dancing

**Ballet, Tap, Modern, Street Jazz,
Boys Street Jazz & Zumba**

from age 2½ to adult - at St. Mary's Hall
Tel: 07540 400615 for a free trial class

Vicky - Mobile Hairdresser
over 25 years experience 07958 210577



*Creativity, Confidence
Communication*

*Drama for 5-8 yrs, 8-11 yrs,
12-18 yrs*

01689 813 336
bromley@helenogrady.co.uk

HOMEOPATHY

Josephine Adam

Homeopath BSc LCHE RSHom RGN
07821 522625

josephine.adam@live.co.uk

Chiropodist - Reflexologist

Sally Thorogood

MSSH MBChA MRXS MCRS

100 Kenwood Drive
Beckenham BR3 6RA 020 8650 2738

INDEPENDENT FINANCIAL ADVICE

Savings & investments, Pre- and Post-Retirement
Planning including Pensions & Annuities,
Protection, Long Term Care and Tax Planning

Contact David Maguire

Tel: 020 8460 6088 Mob: 07970 810572
Email: david.maguire@lawrencefinancial.co.uk

**DON'T
D.I.Y.**

let us ...

... Decorating ... Tiling
... Decking ... Carpentry
... and more.

Contact Luke, telephone : 07946 545049
or e-mail at lukel12345@yahoo.co.uk

ROOFING

ALL TYPES OF WORK UNDERTAKEN
GENERAL BUILDING * LOFT EXTENSIONS * FENCING
GUTTERING * SKYLIGHT WINDOWS
SEAMLESS FLAT ROOFING * NEW SHED ROOFS
PATIO & DRIVES PRESSURE WASHED

HARRY ALLEN 020 8402 0156